



January 28 at 1:30 p.m.

Photographs of India

Carolyn Schechtman, a local meditation and stress management instructor, will present slides and discuss her experiences while living and studying meditation and eastern philosophy in India. Having spent over ten years in the Hindi speaking North and the Tamil speaking South, Carolyn has a wealth of knowledge and adventure to share with us. The format will be informal and open to comments and questions that pursue the interests of those attending.

Venue: **Albany Public Library**, Main Library Meeting Room, 2450 14th Avenue SE, 541-917-7580

The presentation will be approximately 75 minutes in length—everyone welcome.

FMI: Carolyn 971-218-6798